

First Level Learning Tasks



Literacy	Numeracy	Health and Wellbeing
<p>Take time to enjoy reading a book of your choice. Then:</p> <ul style="list-style-type: none"> • Design a new front cover/ illustrate one or more chapters • Turn a section of the book into a comic strip • Write a book review or create a video review • Draw the main characters or setting from the story - refer closely to the text for details of how they look • Summarise each chapter • Make a book trailer • Write a recommendation (or otherwise) for others who might be planning to read the book • Research the author - details of his/ her life; other books written by the author 	<p>Create a maths game to practice what we are doing in class. You could teach the class and we can play it together when you get back.</p> <p>Practise your Learn-Its questions. Practise counting in evens, odds, and in multiples.</p> <p>Practise your Big Maths online. (https://app.bigmaths.com/login)</p> <p>Go online and play a Maths game.</p> <ul style="list-style-type: none"> • Karate Cats Maths (https://www.bbc.co.uk/bitesize/topics/zjkphbk/articles/zf4sscw) • Topmarks (https://www.topmarks.co.uk/Search.aspx?Subject=16&AgeGroup=2) • Sumdog (https://pages.sumdog.com/) • Prodigy (https://sso.prodigygame.com/game/signup) • Or find an online Maths game you can share with the class when you come back to school. 	<p>Find ways to keep active each day by creating a workout routine that you can do together as a family. Then spend time exercising together. Record yourself on video as if you are a fitness instructor. Try to come up with at least 5 different exercises each day. Get some inspiration here: https://www.youtube.com/watch?v=d3LPrhIOv-w&list=PLYCLoPd4VxBvPHOpzoEk5onAEbq4Og2-k</p> <p>Keep a food diary. Each day record what you have eaten for each meal (include snacks too). You can record your food diary on paper by writing it down and drawing pictures, or take photos and label what you have eaten, or do a video and talk about the foods you have chosen.</p> <p>At the end of the week create an eatwell plate poster and draw the foods you ate in the correct sections. You could also try this: https://www.foodafactoflife.org.uk/5-7-years/healthy-eating/interactive-resources/</p>
<p>Visit https://www.storylineonline.net/ to stream videos featuring actors reading children's books or sign up to Epic at https://www.getepic.com/ for more interactive reading books online.</p>	<p>Practise solving problems involving addition (+), subtraction (-).</p> <p>Practise your multiplication tables and find fact families that include division (÷).</p> <p>Examples: $5 \times 4 = 20$, $4 \times 5 = 20$, $20 \div 4 = 5$, $20 \div 5 = 4$ $6 \times 7 = 42$, $7 \times 6 = 42$, $42 \div 6 = 7$, $42 \div 7 = 6$</p>	<p>Work on some mindfulness activities such as:</p> <ul style="list-style-type: none"> • Mindfulness colouring • Breathing exercises we have practised in school • Yoga (https://www.cosmickids.com/) • Relax Kids strategies you have learned
<p>Create a character in your mind, write about where this character came from, what they look like and what sort of personality they have (are they kind, happy, moody, stubborn etc.) Write a story about them going on an adventure.</p>	<p>Explore the numbers surrounding you and your life. Make a poster that includes number facts about you such as your birth date, height, weight, shoe size, number of people in your family, your house number, phone number, favourite number or any other number facts about you.</p>	<p>Do some research to find other ideas or just think about things you do look after your mental health. Create a poster or video explaining the strategies you use to be mindful, calm and relaxed.</p>

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<p>Free writing</p> <ul style="list-style-type: none"> • short story • poem • letter • instructions 	<p>Do a practical measuring activity. Some examples include measuring the height of people at home, the distance between two objects, the size of a room, measure ingredients when baking, or an idea of your own. You can measure using standard units such as centimetres or non-standard units like pencils, shoes, or even bananas.</p>	<p>Carry out some research into some of these topics:</p> <ul style="list-style-type: none"> • A country • The human body or the senses • Lifecycles of plants and animals • Animal habitats (make a model) <p>Create a poster, PowerPoint presentation, video or piece of writing about what you have learned. Be as creative as you like to show what you have learned.</p>
<p>Choose a photograph that means a lot to you. Tell what it was about, what happened, what made it special. You can do this in any way you like - words, drawings, photos etc.</p>	<p>Go on a hunt for different 2D and 3D shapes around your house and garden. Take pictures of what you find or draw pictures of them. Can you name them? How many sides and corners do the 2D shapes have? How many faces, edges and vertices do the 3D shapes have?</p>	<p>Produce some artwork. It could be linked to our work in class, a response to the work of an artist of your choosing, a picture of the seasons, a self-portrait or portrait of a family member or pet, what you see outside your window or in your garden - anything you would like, any size and using any medium you choose.</p>
<p>Create a list of 10 spelling words from books you have been reading. Practise them using some of the activities you have done in class or make up some activities of your own.</p>	<p>Using a variety of coins and notes, draw and then write out the value of each. Then as a next step combine a selection of coins and notes and find the total amount of money you have. Can you think of other ways we can pay for things? Make a poster to show what you know.</p>	<p>Create a poster, presentation or video about your family. Who are the people in your family, how are they related to you? Tell a little bit about them.</p>
<p>Other helpful links:</p> <ul style="list-style-type: none"> • https://education.gov.scot/improvement/scotland-learns/ Here you will find a range of ideas and suggestions of activities from the Scottish Government and Education Scotland to help you support learning at home. They are arranged into Literacy and English, Mathematics and Numeracy, Health and Wellbeing, as well as Themed learning activities. The activities are aimed at a variety of ages. The year groups next to the activities are a general guide only. • https://www.bbc.co.uk/bitesize/levels/zgckjxs and https://www.bbc.co.uk/bitesize/dailylessons for a variety of activities and lessons from across the curriculum. • Keep an eye on Seesaw for any additional lessons and activities. 		